

Article 6
Instruction

BP 6145.2

~~Interscholastic Competition Athletic Competition~~

~~The Governing Board recognizes that the athletic program constitutes an integral component of the educational program and helps to build a positive school climate. The athletic program also promotes the physical, social, and emotional well-being of participating students, and provides them with an opportunity to learn beneficial leadership, teamwork and character skills.~~

~~*Nondiscrimination and Equivalent Opportunities in the Athletic Program*~~

~~The District's athletic program shall be free from discrimination and discriminatory practices in accordance with state and federal law. The Superintendent or designee shall ensure that equivalent opportunities are provided for both genders. Any complaint regarding the district's athletic program shall be filed in accordance with PB/AR 1312.3, the Uniform Complaint Procedures.~~

~~A well directed interscholastic program based upon interests and abilities of students of both sexes shall be an integral part of the total education program and shall be available to all interested youth in grades nine through twelve. This program shall allow students to participate in competition characterized by conference, associations, and a regular season schedule. The interscholastic athletic program must be approved by the Governing Board and administered by school officials.~~

~~*Sportsmanship*~~

~~The board supports the ideals of good sportsmanship, ethical conduct and fair play, and expects student athletes, coaches, spectators, and others to demonstrate these principles during all athletic competitions.~~

~~In preparing for and participating in athletic competitions, students and staff shall abide by core principles of trustworthiness, respect, responsibility, fairness, caring and citizenship, as adopted by the California Interscholastic Federation (CIF) in its publication "Pursuing Victory with Honor."
Students and/or staff may be subject to disciplinary action for improper conduct.~~

~~*California Interscholastic Federation*~~

~~The Board maintains membership in CIF and requires that interscholastic athletic activities be conducted in accordance with Board policy, administrative regulations, and CIF rules. The Superintendent or designee shall have responsibility for the District interscholastic athletic program while the principal or designee at each participating school shall be responsible for the site-level decisions as appropriate.~~

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48 *Health and Welfare*
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50 ~~The health and welfare of pupils is the paramount consideration in planning an~~
51 ~~interscholastic athletic program. To ensure this, the following conditions are to be met.~~
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- 53 ~~1 Regulations for the protection of athletes' health are to be based on the best medical~~
54 ~~knowledge available. Regulations should include procedures to assure adequate~~
55 ~~medical examinations and on-going medical supervision of all athletics. A minimum~~
56 ~~of one medical examination must be required each year (preferably this should be~~
57 ~~given immediately prior to the sports season). Re-examination shall be required~~
58 ~~after any serious injury or illness before the pupil returns to participation.~~
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60 ~~2 Protective equipment shall be available for each participant. (See also 5142 re EC~~
61 ~~3917 on state mandated protective equipment.) Coaches and appropriate District~~
62 ~~employees shall take every possible precaution to ensure that athletic equipment is~~
63 ~~kept in safe and serviceable condition.~~
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65 ~~3 Practice periods shall be of reasonable length and geared to the physical condition~~
66 ~~of the participants.~~
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68 *Supervision and Officiating*
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70 ~~Qualified coaches shall supervise athletic teams to ensure that student athletes receive~~
71 ~~appropriate instruction and guidance related to health and safety, training and~~
72 ~~preparation for competition. Games and contests are to be officiated by qualified and~~
73 ~~licensed personnel. (cf. 5145 Nondiscrimination)~~
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75 *Coaching Staff*
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77 ~~Coaches are preferably to be certificated teachers who are full-time members of the~~
78 ~~staff and who are professionally prepared for their responsibilities. Recognizing the~~
79 ~~inability of the district to meet this standard while providing well-rounded programs of~~
80 ~~athletics, the Superintendent is authorized to employ competent personnel from outside~~
81 ~~the district regular teaching staff on a part-time basis.~~
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84 The Governing Board recognizes that the District's athletic program constitutes an
85 integral component of the educational program and helps to build a positive school
86 climate. The athletic program also promotes the physical, social, and emotional well-
87 being and character development of participating students. The District's athletic
88 program shall be designed to meet students' interests and abilities and shall be varied in
89 scope to attract wide participation.
90

91 (cf. 3541.1 - Transportation for School-Related Trips)
92 (cf. 5030 - Student Wellness)

(cf. 5137 - Positive School Climate)
(cf. 6142.7 - Physical Education and Activity)
(cf. 7110 - Facilities Master Plan)

All athletic teams shall be supervised by qualified coaches to ensure that student athletes receive appropriate instruction and guidance related to safety, health, sports skills, and sportsmanship. Athletic events shall be officiated by qualified personnel.

(cf. 4127/4227/4327 - Temporary Athletic Team Coaches)

The Board encourages business and community support for District athletic programs, subject to applicable District policies and regulations governing advertisements and donations.

(cf. 1260 - Educational Foundation)
(cf. 1321 - Solicitation of Funds from and by Students)
(cf. 1325 - Advertising and Promotion)
(cf. 1700 - Relations Between Private Industry and the Schools)
(cf. 3290 - Gifts, Grants and Bequests)

Nondiscrimination and Equivalent Opportunities in the Athletic Program

The District's athletic program shall be free from discrimination and discriminatory practices prohibited by state and federal law, including, but not limited to, the use of any racially derogatory or discriminatory school or athletic team name, mascot, or nickname. The Superintendent or designee shall ensure that equivalent athletic opportunities are provided for males and females, and that students are permitted to participate in athletic activities consistent with their gender identity.

(cf. 0410 - Nondiscrimination in District Programs and Activities)
(cf. 5145.3 - Nondiscrimination/Harassment)
(cf. 5145.7 - Sexual Harassment)

Any complaint alleging discrimination in the District's athletic program shall be filed in accordance with the District's uniform complaint procedures.

(cf. 1312.3 - Uniform Complaint Procedures)

California Interscholastic Federation

Any District school that participates in the California Interscholastic Federation (CIF) shall conduct its athletic activities in accordance with CIF bylaws and rules and any applicable District policy and regulation. The Superintendent or designee shall have responsibility for the District's interscholastic athletic program, while the principal or

designee at each participating school shall be responsible for site-level decisions, as appropriate.

The Board shall annually designate a representative to the local CIF league from each school that participates in CIF sports. The Superintendent or designee shall recommend a candidate for the position who demonstrates an understanding of the District's goals for student learning and interscholastic activities, knowledge of the athletic programs, awareness of the implications of league decisions for the school and the District, and interpersonal communication and leadership skills.

The designated representative(s) shall vote on issues that impact interscholastic athletics at the league and section levels, perform any other duties required by the CIF league, and report regularly to the Board on league, section, and statewide issues related to athletic programs.

(cf. 0500 - Accountability)

Student Eligibility

Eligibility requirements for student participation in the District's interscholastic athletic program, including requirements pertaining to academic achievement, shall be the same as those set by the District for participation in extracurricular and cocurricular activities.

(cf. 3530 - Risk Management/Insurance)
(cf. 5111.1 - District Residency)
(cf. 5121 - Grades/Evaluation of Student Achievement)
(cf. 6145 - Extracurricular and Cocurricular Activities)
(cf. 6146.1 - High School Graduation Requirements)
(cf. 6173 - Education for Homeless Children)
(cf. 6173.1 - Education for Foster Youth)
(cf. 6173.2 - Education of Children of Military Families)

In addition, the Superintendent or designee shall ensure that students participating in interscholastic athletics governed by CIF satisfy CIF eligibility requirements.

Students shall not be charged a fee to participate in an athletic program, including, but not limited to, a fee to cover the cost of uniforms, locks, lockers, or athletic equipment.

(cf. 3260 - Fees and Charges)
(cf. 5143 - Insurance)

Sportsmanship

The Board values the quality and integrity of the athletic program and the character development of student athletes. Student athletes, coaches, parents/guardians, spectators, and others are expected to demonstrate good sportsmanship, ethical conduct, and fair play during all athletic competitions. They shall also abide by the core principles of trustworthiness, respect, responsibility, fairness, caring, and good citizenship and the Code of Ethics adopted by CIF.

Students and staff shall be subject to disciplinary action for improper conduct.

(cf. 3515.2 - Disruptions)

(cf. 4118 - Dismissal/Suspension/Disciplinary Action)

(cf. 4218 - Dismissal/Suspension/Disciplinary Action)

(cf. 5131 - Conduct)

(cf. 5131.1 - Bus Conduct)

(cf. 5131.4 - Student Disturbances)

(cf. 5144 - Discipline)

(cf. 5144.1 - Suspension and Expulsion/Due Process)

(cf. 5144.2 - Suspension and Expulsion/Due Process (Individuals with Disabilities))

Health and Safety

The Board desires to give student health and safety the highest consideration in planning and conducting athletic activities.

Students shall have a medical clearance before participating in interscholastic athletic programs. Care shall be taken to ensure that all athletic trainings and competitions are conducted in a manner that will not overtax the physical capabilities of the participants. When appropriate, protective equipment shall be used to prevent or minimize injuries.

(cf. 5131.61 - Drug Testing)

(cf. 5131.63 - Steroids)

(cf. 5141.3 - Health Examinations)

(cf. 5141.6 - School Health Services)

(cf. 5141.7 - Sun Safety)

Coaches and appropriate District employees shall take every possible precaution to ensure that athletic equipment is kept in safe and serviceable condition. The Superintendent or designee shall ensure that all athletic equipment is cleaned and inspected for safety before the beginning of each school year.

(cf. 5142 - Safety)

The Superintendent or designee shall develop a written emergency action plan that

describes the location of automated external defibrillator(s) and procedures to be followed in the event of sudden cardiac arrest or other medical emergency related to the athletic program's activities or events. The plan shall be posted in accordance with guidelines of the National Federation of State High School Associations. (Education Code 35179.4)

In the event of a serious injury or a perceived imminent risk to a student's health during or immediately after an athletic activity, the coach or any other District employee who is present shall remove the student athlete from the activity, observe universal precautions in handling blood or other bodily fluid, and/or seek medical treatment for the student as appropriate.

(cf. 4119.42/4219.42/4319.42 - Exposure Control Plan for Bloodborne Pathogens)
(cf. 4119.43/4219.43/4319.43 - Universal Precautions)
(cf. 5141 - Health Care and Emergencies)
(cf. 5141.21 - Administering Medication and Monitoring Health Conditions)
(cf. 5141.22 - Infectious Diseases)

Whenever a serious injury or illness is suffered by a student athlete, the Superintendent or designee shall notify the student's parent/guardian of the date, time, and extent of any injury or illness suffered by the student and any actions taken to treat the student.

Legal Reference

~~Education Code~~

~~40 ————— Equal opportunity without regard to sex of the student~~
~~4020 — Opportunities on an equal basis in inter-school athletic programs~~
~~49021 — Equal opportunity for male and female students~~
~~49022 — Apportionment of funds for male and female students~~
~~49023 — Expenditure of public funds; prohibited sex discrimination~~

Legal Reference:

EDUCATION CODE

200-262.4 Prohibition of discrimination
17578 Cleaning and sterilizing of football equipment
17580-17581 Football equipment
32220-32224 Insurance for athletic teams, especially:
32221.5 Required insurance for athletic activities
33353-33353.5 California Interscholastic Federation; implementation of policies, insurance program
33354 California Department of Education authority over interscholastic athletics
33479-33479.9 The Eric Parades Sudden Cardiac Arrest Prevention Act
35160.5 District policies; rules and regulations
35179 Interscholastic athletics
35179.1 California High School Coaching Education and Training Program
35179.4 Emergency action plan
35179.5 Interscholastic athletics; limitation on full-contact practices
35179.6 Automated external defibrillator, athletic activities
48850 Interscholastic athletics; students in foster care and homeless students
48900 Grounds for suspension and expulsion
48930-48938 Student organizations

282 49010-49013 Student fees
 283 49020-49023 Athletic programs; legislative intent, equal opportunity
 284 49030-49034 Performance-enhancing substances
 285 49458 Health examinations, interscholastic athletic program
 286 49475 Health and safety, concussions and head injuries
 287 49700-49701 Education of children of military families
 288 51242 Exemption from physical education for high school students in interscholastic athletic program
 289 HEALTH AND SAFETY CODE
 290 1797.196 Automated external defibrillator
 291 PENAL CODE
 292 245.6 Hazing
 293 CODE OF REGULATIONS, TITLE 5
 294 4900-4965 Nondiscrimination in elementary and secondary education programs, especially:
 295 4920-4922 Nondiscrimination in intramural, interscholastic, and club activities
 296 5531 Supervision of extracurricular activities of students
 297 5590-5596 Employment of noncertificated coaches
 298 UNITED STATES CODE, TITLE 20
 299 1681-1688 Discrimination based on sex or blindness, Title IX
 300 CODE OF FEDERAL REGULATIONS, TITLE 34
 301 106.31 Nondiscrimination on the basis of sex in education programs or activities
 302 106.33 Comparable facilities
 303 106.41 Nondiscrimination in athletic programs
 304 COURT DECISIONS
 305 Mansourian v. Regents of University of California, (2010) 602 F. 3d 957
 306 McCormick v. School District of Mamaroneck, (2004) 370 F.3d 275
 307 Kahn v. East Side Union High School District, (2003) 31 Cal. 4th 990
 308 Hartzell v. Connell, (1984) 35 Cal. 3d 899
 309
 310 Management Resources:
 311 CSBA PUBLICATIONS
 312 Updated Legal Guidance: Protecting Transgender and Gender Nonconforming Students Against
 313 Discrimination, March 2017
 314 CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS
 315 Pupil Fees, Deposits, and Other Charges, Fiscal Management Advisory 12-02, April 24, 2013
 316 CALIFORNIA INTERSCHOLASTIC FEDERATION PUBLICATIONS
 317 Athletic Department Emergency Action Plan: Response Teams
 318 California Interscholastic Federation Constitution and Bylaws
 319 A Guide to Equity in Athletics
 320 Guidelines for Gender Identity Participation
 321 Keep Their Heart in the Game: A Sudden Cardiac Arrest Information Sheet for Athletes and
 322 Parents/Guardians
 323 Event Emergency Guidelines, 2013
 324 Pursuing Victory with Honor, 1999
 325 CENTERS FOR DISEASE CONTROL AND PREVENTION PUBLICATIONS
 326 Heads Up: Concussion in High School Sports, Tool Kit, June 2010
 327 Heads Up: Concussion in Youth Sports, Tool Kit, July 2007
 328 Acute Concussion Evaluation (ACE) Care Plan, 2006
 329 NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS PUBLICATIONS
 330 Emergency Action Planning Guide for After-School Practices and Events
 331 U.S. DEPARTMENT OF EDUCATION OFFICE FOR CIVIL RIGHTS PUBLICATIONS
 332 Withdrawal of Dear Colleague Letter on Transgender Students, Dear Colleague Letter, February 22, 2017
 333 Intercollegiate Athletics Policy Clarification: The Three-Part Test - Part Three, Dear Colleague Letter, April
 334 20, 2010
 335 WEB SITES
 336 CSBA: <http://www.csba.org>
 337 California Department of Education: <http://www.cde.ca.gov>

338 California Interscholastic Federation: <http://www.cifstate.org>
339 Centers for Disease Control and Prevention, Concussion Resources: <http://www.cdc.gov/concussion>
340 National Federation of State High School Associations: <http://www.nfhs.org>
341 National Operating Committee on Standards for Athletic Equipment: <http://www.nocsae.org>
342 U.S. Anti-Doping Agency: <http://www.usada.org>
343 U.S. Department of Education, Office for Civil Rights: <http://www2.ed.gov/ocr>
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346 CSBA: (11/11 5/17) 10/18
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348 Adopted: 5//22/84
349 Revised: 726//05,